

NOVEMBER 2025

Lee Fitness Center Monthly Calendar

MON	TUE	WED	THU	FRI	SAT	SUN
					1	2
3	4 CLOSING @ 4:30 p.m. Yoga Sculpt 3:45 p.m. Fitness Center	5 Wellness Wednesday 10:30 a.m. - 12:30 p.m.	6 Chair Yoga 5 p.m. Q-128	7 CLOSED	8	9
10 Paws and Pose 12:00 p.m. Q quad	11 CLOSED	12	13 Chair Yoga 5 p.m. Q-128	14 Closing @ 5:30 p.m.	15	16
17	18 Yoga Sculpt 3:45 p.m. Fitness Center	19	20 Closing @ 5:30 p.m. Chair Yoga 5 p.m. Q-128	21 Closing @ 2 p.m.	22	23
24 CLOSED	25 CLOSED	26 CLOSED	27 CLOSED	28 CLOSED	29	30